



Available Daily!
 Breakfast is Free to all Middle School students!

Middle School Breakfast Menu December 2018

HAVE A SAFE HOLIDAY!

3
 Cinnamon Toast Crunch Bar or Cocoa Puff Bar
 String Cheese
 Fruit Choices:
 Fresh Orange
 Choice of Milk

4
 Assorted Cereal w/ String Cheese
 Fruit Choices:
 Fresh Orange
 100% Fruit Juice
 Choice of Milk

5
 Berry French Toast
 Fruit Choices:
 Fresh Orange
 Choice of Milk

6
 Cinnamon or Strawberry Pop-tart
 String Cheese
 Fruit Choices:
 Fresh Orange
 100% Fruit Juice
 Choice of Milk

7
 Strawberry or Blueberry Nutri-Grain Bar
 String Cheese
 Fruit Choices:
 Fresh Orange
 Choice of Milk

10
 Breakfast sliders
 Fruit:
 Fresh Apple
 Juice
 Choice of Milk

11
 Blueberry Waffles
 Fruit:
 Fresh Apple
 100% Fruit Juice
 Choice of Milk

12
 Strawberry or Apple Cinnamon Nutri-Grain Bar
 String Cheese
 Fruit:
 Fresh Apple
 Choice of Milk

13
 Apple, Banana, or Blueberry Muffin
 String Cheese
 Fruit:
 Fresh Apple
 100% Fruit Juice
 Choice of Milk

14
 Apple Frudel
 String Cheese
 Fruit Choices:
 Fresh Apple
 Choice of Milk

17
 Maple Waffles
 Fruit:
 Fresh Orange
 Choice of Milk

18
 Cinnmini
 Fruit:
 Fresh Orange
 100% Fruit Juice
 Choice of Milk

19
 Assorted Cereal w/ String Cheese
 Fruit:
 Fresh Orange
 Choice of Milk

20
 Cinnamon Stuffed Mini Bagel
 Fruit:
 Fresh Orange
 100% Fruit Juice
 Choice of Milk

21
 Strawberry or Fudge Pop-tart
 String Cheese
 Fruit:
 Fresh Orange
 Choice of Milk

24
 NO SCHOOL
 HAPPY HOLIDAYS!

25
 NO SCHOOL
 HAPPY HOLIDAYS!

26
 NO SCHOOL
 HAPPY HOLIDAYS!

27
 NO SCHOOL
 HAPPY HOLIDAYS!

28
 NO SCHOOL
 HAPPY HOLIDAYS!

31
 NO SCHOOL
 HAPPY HOLIDAYS!

1
 NO SCHOOL
 HAPPY HOLIDAYS!

2
 Maple Pancakes
 Fruit:
 Fresh Apple
 Choice of Milk

3
 Strawberry Stuffed Mini Bagel
 Fruit:
 Fresh Apple
 100% Fruit Juice
 Choice of Milk

4
 Cinnamon French Toast
 Fruit:
 Fresh Orange
 Choice of Milk

A breakfast meal has 4 components: Grain/Meat or Meat Alternative, Fruit and Milk. A student must choose 3 components to make it a meal, and one item must be a Fruit.

Pricing:
 Student: FREE
 Adult Pay \$ 1.00

Food Service Office: 570-779-0735

Consuming Raw or Undercooked food may cause foodborne illness

Assorted Juice: Apple, Orange, & Fruit Punch Juice

Milk Choice: Skim Chocolate, 1% White Milk, Skim Vanilla, Skim & Lactose Milk

